



"Quality is All"

KETTLE CHOWDERS

New England Cream Clam Chowder
Made fresh daily in our kitchen

New Orleans Spicy Chicken & Shrimp Gumbo - We love this one!

Cup4.25 Bowl6.50

STARTERS HOT

Fresh Cultivated P.E.I. Mussels8.95
Steamed in choice of sauce:
White wine garlic, Lemon Dill or Chipotle Tomato

Jack & Shrimp7.75
Steamed gulf shrimp, sautéed in Jack Daniels

Deep Fried Calamari7.95
Rolled in herbed flour w/cayenne gin dip

Coconut Shrimp7.95
Rolled in coconut, deep fried, served with
spicy Thai or orange marmalade dip

Handcrafted Spring Rolls7.35
Chicken & shrimp, served with plum sauce

Roaster Chicken Wings (1 lb.)8.95
Hot, Mild, Cajun Dusted or Honey Garlic

Bacon Wrapped Scallops9.65
Served with our house cocktail sauce

Delta Blue Crab Cakes8.85
Pan fried, delicious crabmeat sauce

Escargot in Mushroom Caps6.99
A classic, with garlic butter

Baked Cajun Crab Dip9.85
Blue crab, cream cheese, peppers, onion, tomato
& spices, topped with asiago cheese, served
with corn chips

Cajun Popcorn Shrimp6.99
Crispy house breaded, served with aioli dip

Pulled Pork Nachos8.99
House smoked pulled pork with our BBQ sauce &
2 cheese, over corn chips

Lucy's Favourites Platter For Two17.95
Deep fried calamari, coconut shrimp, house smoked
salmon & crab cakes

STARTERS COLD

Market Green Mesclin Salad4.95
Served with choice of dressing

Classic Caesar Salad5.95
Romaine lettuce, croutons & bacon bits

Black Tiger Shrimp Cocktail6.95
Served with cocktail sauce

Jumbo Shrimp Cocktail11.95

House Smoked Atlantic Salmon7.95
Capers, onion, dark rye bread & horseradish cream
sauce

OYSTER SELECTION

Freshly Shucked

Malpeque (each)2.29

Glacier Bay (each)1.79

Oyster Rockefeller8.95
The true traditional New Orleans way, with spinach,
Pernod, jalapeno & parmesan

SIGNATURE SALADS

	<i>Lighter</i>	<i>Full</i>
Chicken Caesar Salad	9.95.....	12.95

Lucy's Classic Caesar, topped with Cajun chicken breast

Seafood Caesar Salad	9.95.....	12.95
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Fresh blue crab, house smoked salmon & gulf shrimp, served on our Classic Caesar
(romaine lettuce, croutons, bacon bits & parmesan cheese)

Mediterranean Salad	11.95.....	14.95
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With a marinated mixture of warm seafood (calamari, scallops & shrimp), feta, black olive
& spicy salsa, over romaine lettuce, served with a vinaigrette dressing (contains pine nuts)

Blackened Salmon Greek Salad	9.95.....	14.95
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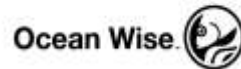
Spicy Atlantic Salmon Filet served on a bed of Greek salad (feta, olives, tomatoes & romaine) with
balsamic dressing

LUCY'S FISH SELECTION



Seafood Pasta (Fusilli) Salmon, Halibut, Catfish, and Shrimp in a Rose Sauce	14.95
PEI Mussel & Tiger Shrimp Pasta (Linguini) tossed in a Pesto Tomato Sauce	14.95
Fresh Seared Bronzed Carolina Classic Catfish with Our Fresh Hand Crafted Spicy Salsa	14.95
Fresh Pan Seared Icelandic Arctic Char Filet with a Balsamic Cherry Tomato Relish	16.95
Fresh Pecan Crusted, Pan Seared Rainbow Trout Filet	15.95
Fresh Seared Line Caught Florida Mahi Mahi with a Spicy Creole Sauce	16.95
Fresh Grilled Atlantic Salmon Filet finished with Lemon Dill Butter	15.95
Fresh Mountain Stream Tilapia Almondine Filet with Lemon Parsley Butter	16.95
Fresh Pan Seared Pacific Snapper Filet with a Roasted Red Pepper Cream Sauce	14.95
Pan Seared Stuffed Sole Filet (Scallop and Crab) with a Mushroom Leek Cream Sauce	15.95
Fresh Grilled Peppercorn Crusted Florida Marlin finished with a Chipotle Shrimp Butter	15.95
Wild Caught Alaskan Halibut Filet with a Lemon Pepper Cream Sauce	16.95

*Fresh fish is served with fresh vegetables, and choice of steamed rice, new potato, fresh hand cut sweet
potato or Yukon Gold fries*



Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice.

PASTA SPECIALTIES

	<i>Lighter</i>	<i>Full</i>
Lobster Linguini	13.95.....	16.95

Fresh lobster, peppers, tomato, onion & mushroom, tossed in a classic rose sauce

Smoked Salmon & Tiger Shrimp Penne	12.95.....	15.95
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Mushroom, leek & red onion, in an asiago cream sauce

Chipotle Chicken & Shrimp	13.95.....	15.95
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Smoked chipotle peppers, fresh oregano, sundried tomato, jalapeno cream sauce over fresh linguini

Curry Chicken & Shrimp Linguini	12.95.....	15.95
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Tiger Shrimp and Cajun chicken tossed in medium spiced curry

Certified Angus Beef® & Tiger Shrimp Stir Fry	12.95.....	14.95
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Sautéed Certified Angus beef & vegetables in a spicy Thai sauce over steamed rice

Backwoods Bayou Jambalaya	12.95.....	14.95
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Cajun chicken, shrimp, Andouille sausage, sweet peppers, onions in a thick & hearty spicy Creole sauce,
served over rice

Jumped Up Seafood Stir Fry	13.95.....	15.95
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Shrimp, calamari & fresh fish with a spicy Thai sauce over steamed rice

MEMORABLE MEALS

Lucy's Own Coconut Shrimp	12.95
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Shrimp rolled in coconut & deep-fried with orange marmalade or Thai sauce and Yukon Gold potato fries

Alaskan Halibut Fish & Chips	14.95
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Beer battered traditional style using the best ingredients with coleslaw and choice of tartar sauce or
smoky chipotle tartar

Garlic Shrimp Platter	15.95
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Tiger shrimp broiled in roasted garlic butter, served with rice and vegetables

Scallop & Shrimp Combo	16.95
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Digby scallops & tiger shrimps broiled in roasted garlic butter with rice & vegetables

"Crackling" Double Chicken Breast	14.95
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Grilled chicken breast topped with a bourbon peppercorn sauce, rice and vegetables

SOUTHSIDE SANDWICHES & PIZZAS

(All our sandwiches are served with French fries or Mesclin salad, substitute Caesar Salad ... add 99¢)

Jack Daniel's Whiskey Burger (not a child's burger)	9.95
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Housemade 8 oz. Certified Angus Beef® Burger on a kaiser with fixins and Jack Daniel's mayo (contains pinenuts)

Cajun Chicken Sandwich	9.95
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Marinated in Lucy's Cajun spice, grilled, served on a Kaiser with lettuce, tomato and red onion with a
side of roasted red pepper mayo

True Southern Po'boy	9.95
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Cajun chicken, Andouille sausage, tiger shrimp, sautéed peppers & onion in Lucy's spicy BBQ sauce, with
lettuce served on a toasted steak bun

Traditional Nova Scotia Lobster Roll	13.95
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Fresh lobster with a mix of mayo, celery, chives and special spices on a baked roll

House Pulled Pork Quesadilla	11.95
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Smoky pulled pork, tomatoes, 2 cheese, roasted jalapeno, baked flour tortilla

South Carolina Pulled Pork Sandwich	9.95
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Slow house smoked pulled pork, marinated in Lucy's Award Winning BBQ sauce

Cajun Chicken Pizza	12.95
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Cajun chicken, mushrooms, corn, roast peppers, mozzarella and cheddar cheese and tomato sauce

Four Season Pizza	12.95
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A mixture of feta & mozzarella cheese over tomato sauce, topped with sliced roma tomato, red onion,
black olives & fresh basil

For groups of 10 or more an automatic gratuity of 15% will be applied

You now have the convenience of reserving online by simply visiting lucyseafoodkitchen.com

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